

Deregulated Clusterin As A Marker Of Bone Fragility: New Insights Into The Pathophysiology Of Osteoporosis

Orthopaedics / Pelvis, Hip & Femur / Epidemiology, Prevention & Diagnosis

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Background

Clusterin (CLU) is a secreted heterodimeric glycoprotein expressed in all organism fluids as well as in the intracellular matrix. CLU plays pivotal roles in several pathological processes, also affecting muscle and bone homeostasis.

Objectives

The aim of this study was to investigate the role of *CLU* in the development of osteoporosis and bone fragility fractures.

Study Design & Methods

Comparative quantitative RT-PCR analysis of *CLU* expression was performed in both osteoblasts and PBMCs from osteoporotic patients (OP) and healthy individuals (CTR). Furthermore, immunohistochemical analysis on femoral head tissues and enzyme-linked immunosorbent assay (ELISA) in plasma samples were performed to investigate *CLU* expression pattern. Finally, genotyping of *CLU* rs11136000 polymorphism has also been performed by qPCR assays to explore a possible association with *CLU* expression levels.

Results

Data obtained showed a significantly increased expression level of secreted *CLU* isoform in PBMCs and osteoblasts from OP patients. Immunohistochemical analysis confirm the increased expression of *CLU* in OP patients, both in osteocytes and osteoblasts, while plasma analysis reveals a statistically significant decrease of *CLU* levels. Unfortunately, no functional association between *CLU* expression levels and the presence of *CLU* rs11136000 polymorphism in OP patients was found.

Conclusions

These data suggest a potential role played by secreted *CLU* as a potential biomarker for the diagnosis and prognosis of OP and fragility fractures.