

# 25<sup>th</sup> EFORT Congress 2024

Abstract submission deadline  
15 November 2023

Early registration deadline  
15 March 2024



## Call for abstracts & first announcement

Hamburg, Germany

22-24 May 2024

Main theme: Collaborating for Success

 #EFORT2024



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## INVITATION TO PARTICIPANTS

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## FORTHCOMING 25<sup>th</sup> EFORT CONGRESS HAMBURG

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## ABOUT HAMBURG

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## CONTACTS

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### GENERAL ORGANISATION

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### PROFESSIONAL CONGRESS ORGANISATION

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Reinacherstrasse 131

4053 Basel, Switzerland

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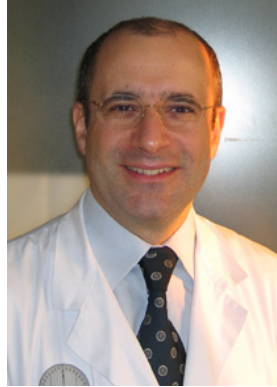
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# Welcome from EFORT



Mr. David Limb  
EFORT President 2023 / 2024



Prof. Dr. Luigi Zagra  
Chair EFORT Science Committee

Dear Participants,

We are nothing without each other. As Orthopaedic and Traumatology surgeons we can only serve our patients as part of a team and we can improve the outcomes for our patients by working not only on our own personal development, but on every action and interaction that contributes to the patients' journey.

EFORT itself was founded to drive collaboration, sharing advances in knowledge and techniques across national borders. Nowhere else in the world do the surgeons of an entire continent meet and share, on equal terms, their findings and experiences to enable diverse surgical cultures to learn from each other and flourish in their own regulatory environment. However, whilst we are a Federation of National Associations of Orthopaedics and Traumatology, we equally align for mutual benefit with the European Specialty Societies. These operate across National boundaries uniting surgeons with an interest in a specific field within our specialty. However EFORT and the Specialty Societies collaborate to provide the widest educational offering at the EFORT meeting.

After Munich in 1995 and Berlin in 2012, we find ourselves returning to Germany, to the beautiful city of Hamburg, for our 2024 congress. The main theme recognises not only the fundamental cooperation that helps us share across national and specialty boundaries, but the much wider networking activities that we all participate in, whether we are conscious of it or not, that drive our specialty forwards. Whether it be growing research networks, monitoring outcomes with industry user groups, safely introducing robotics and artificial intelligence or involving patients in treatment priorities and commissioning, the scope for cooperative working is almost limitless, just are the opportunities it provides. We will highlight some of the many initiatives that EFORT is involved in on your behalf and for the benefit of your patients during the Hamburg Congress.

A particular highlight for 2024 will be the award of the prestigious Meyer prize. This global honour is conferred no more frequently than alternate years on a recipient who has had a transformative impact on worldwide Traumatology and Orthopaedics. The winner will be presenting as part of a dedicated symposium, during which the award ceremony will take place. It was intended that the ceremony would alternate between the meeting of the American Academy of Orthopaedic Surgeons and the EFORT Annual Congress. The Covid Pandemic has caused a stutter after the inaugural award at the AAOS in 2022, so Hamburg will now be Europe's first opportunity to host this truly prestigious event, and the winner's symposium will be open to all delegates attending the EFORT congress.

So please – come and network. Listen to top class educational content and debate it. Hear the science and assess how it fits in your practice with your team. See how others work together and go back to your own teams and develop them.

Better still, submit your own abstract and share your own ideas and findings – let's collaborate for success!



Mr. David Limb  
EFORT President 2023 / 2024



Prof. Dr. Luigi Zagra  
Chair EFORT Science Committee

## NATIONAL MEMBER SOCIETIES

|                                |             |  |
|--------------------------------|-------------|--|
| Albania                        | AAOST       | Albanian Association of Orthopaedic Surgery and Traumatology                   |
| Austria                        | ÖGO         | Austrian Society of Orthopaedics and Orthopaedical Surgery                     |
| Belarus                        | BRSMTOS     | Belarus Republic Scientific Medical Society of Trauma and Orthopaedic Surgeons |
| Belgium                        | BVOT        | Belgian Association of Orthopaedics and Traumatology                           |
| Belgium                        | SORBCOT     | Belgian Royal Society of Orthopaedic Surgery and Traumatology                  |
| Bosnia and Herzegovina         | UOTBIH      | Association of Orthopedists and Traumatologists of Bosnia and Herzegovina      |
| Bulgaria                       | BOTA        | Bulgarian Orthopaedics and Trauma Association                                  |
| Croatia                        | COTA/HUOT   | Croatian Orthopaedic and Traumatology Association                              |
| Croatia                        | CrOS        | Croatian Orthopaedic Society of the Croatian Medical Association               |
| Cyprus                         | CAOST       | Cyprus Association of Orthopaedic Surgery and Traumatology                     |
| Czech Republic                 | CSOT        | Czech Society for Orthopaedics and Traumatology                                |
| Denmark                        | DOS         | Danish Orthopaedic Society   |
| Estonia                        | ETOS        | Estonian Orthopaedic Society   |
| Finland                        | SOY-FOA     | Finnish Orthopaedic Association  |
| Republic of<br>North Macedonia | MAOT        | Macedonian Association of Orthopaedics and Traumatology                        |
| France                         | SOFCOT      | French Society of Orthopaedic Surgery and Traumatology                         |
| Germany                        | DGOU        | German Society of Orthopaedics and Traumatology                                |
| Greece                         | HAOST       | Hellenic Association of Orthopaedic Surgery and Traumatology                   |
| Hungary                        | MOT/HOA     | Hungarian Orthopaedic Association  |
| Iceland                        | IBF         | Icelandic Orthopaedic Society  |
| Ireland                        | IOA         | Irish Orthopaedic Association  |
| Italy                          | SIOT        | Italian Society of Orthopaedics and Traumatology                               |
| Kosovo                         | KSOTS       | Kosovo Society of Orthopaedics and Trauma Surgeons                             |
| Lithuania                      | LSOT/LOTD   | Lithuanian Society of Orthopaedics and Traumatology                            |
| Luxembourg                     | SLOT        | Luxembourgian Society of Orthopaedics and Traumatology                         |
| Malta                          | AOTSM       | Association of Orthopaedic and Trauma Surgeons of Malta                        |
| Montenegro                     | AMOT        | Association of Orthopaedics and Traumatologists of Montenegro                  |
| Netherlands                    | NOV         | Dutch Orthopaedic Association  |
| Norway                         | Nof         | Norwegian Orthopaedic Association  |
| Poland                         | PTOITR      | Polish Orthopaedic and Traumatologic Society                                   |
| Portugal                       | SPOT        | Portuguese Society of Orthopaedics and Traumatology                            |
| Romania                        | SOROT       | Romanian Society of Orthopaedics and Traumatology                              |
| Serbia                         | SOTA        | Serbian Orthopaedic Trauma Association   |
| Slovakia                       | SOTS        | Slovak Orthopaedic and Traumatologic Society                                   |
| Slovenia                       | SOA/ZOSZD   | Slovenian Orthopaedic Society  |
| Spain                          | SECOT       | Spanish Orthopaedic and Traumatology Society                                   |
| Sweden                         | SOF         | Swedish Orthopaedic Association  |
| Switzerland                    |             | Swiss Society of Orthopaedics and Traumatology (swiss orthopaedics)            |
| Turkey                         | TSOT/TOTBID | Turkish Society of Orthopaedics and Traumatology                               |
| Ukraine                        | UAOST       | Ukrainian Association of Orthopaedic Surgeons and Traumatologists              |
| United Kingdom                 | BOA         | British Orthopaedic Association  |

## ASSOCIATE SCIENTIFIC MEMBERS

|              |         |  |
|--------------|---------|--|
| Armenia      | AOTRA   | The Association of Orthopaedists, Traumatologists and Rehabilitologists of Armenia |
| Australia    | AOA     | Australian Orthopaedic Association   |
| Azerbaijan   | AAOT    | Azerbaijan Association of Orthopaedics and Traumatology                            |
| Bangladesh   | BOS     | Bangladesh Orthopaedic Society   |
| Cameroon     | CSOST   | Cameroonian Society of Orthopaedics and Trauma Surgery                             |
| Egypt        | EOA     | Egyptian Orthopaedic Association   |
| Iran         | POTA    | Persian Orthopaedic Trauma Association   |
| Israel       | IOA     | Israeli Orthopaedic Association  |
| Jordan       | JOA     | Jordanian Orthopaedic Association  |
| Lebanon      | LOA     | Lebanese Orthopaedic Association   |
| Mexico       | FEMECOT | Mexican Federation of Orthopedic & Traumatology Colleges A.C.                      |
| Oman         | OSO     | Orthopaedic Society of Oman  |
| Saudi Arabia | SOA     | Saudi Orthopaedic Association  |

## SPECIALTY SOCIETIES

Specialty Society Sessions form an integral part of each EFORT Congress.

EFORT would like to take this opportunity to thank already the Specialty Societies that will be involved in the 25<sup>th</sup> EFORT Congress in Hamburg for their valuable input and active contribution to the scientific programme.

# Call for abstracts



Submit your abstract: 15 September 2023–15 November 2023 23:59 CET  
<https://scientific.efort.org/efort2024>

## ABSTRACT SUBMISSION

The abstract submission system is accessible through the EFORT Congress portal at <https://congress.efort.org> from 15 September 2023.

EFORT does not accept resubmissions. Only abstracts submitted electronically will be considered.

## CATEGORIES OF ABSTRACT SUBMISSION

### TRAUMA

Spine Trauma  
Shoulder Et Upper Arm Trauma  
Elbow Et Forearm Trauma  
Hand Et Wrist Trauma  
Pelvic Trauma  
Hip Et Femur Trauma  
Knee Et Lower Leg Trauma  
Foot Et Ankle Trauma  
Polytrauma  
Paediatric Trauma  
Varia Trauma

### ORTHOPAEDICS

Spine  
Shoulder Et Upper Arm  
Elbow Et Forearm  
Wrist Et Hand  
Pelvis, Hip Et Femur  
Knee Et Lower Leg  
Foot Et Ankle  
Paediatrics Orthopaedics  
Musculoskeletal Tumors  
Musculoskeletal Infections

### GENERAL TOPICS

Basic Sciences  
Biomechanics  
Implants, Biomaterials Et Registry Studies  
Systemic Disorders  
Methodology  
Health Economy  
Education  
Quality Management  
Miscellaneous

## ONLINE SUBMISSION PROCEDURE

After logging on <https://scientific.efort.org/efort2024> follow the onscreen instructions through the system to guarantee a correct and complete submission. A **valid email address** for each co-author is mandatory. EFORT will contact authors via the email addresses given during the submission process.

**Abstracts must correspond to previously unpublished work.** EFORT reserves the right to reject your abstract if previously presented. Moreover, EFORT has focus on ethical research misconduct. Any kind of plagiarism or fraud like fabrication and falsification of data will not be tolerated and handed over to the corresponding responsible authorities.

Submission is defined by differentiation of Clinical Research vs. Basic Science vs. Review studies and by one presentation type among Free Paper or Clinical Report (oral podium), or as Poster. EFORT reserves the right to change your abstract(s) allocation. There is no restriction on the number of submissions from a unique author or group, but each registered participant will have a maximum of six abstracts (3 oral presentations and 3 posters) accepted.

**Double submissions are automatically withdrawn.**

Submitters can edit the authorship information and data of their abstract(s) directly on the online platform until the submission deadline. For any request, directly contact us at [scicom@efort.org](mailto:scicom@efort.org).

## INFORMATION ON ABSTRACT ACCEPTANCE

Authors and co-authors will receive acceptance/rejection notifications on **Wednesday 31 January 2024**.

The presenting author of a selected abstract must undertake to attend the Congress and present the abstract in the session and at the time designated by the EFORT Science Committee. **EFORT requires each presenting author to complete his/her full registration to the congress to validate his/her abstracts in the final scientific programme.** Deadline for registration of presenting authors is **Thursday 29 February 2024, 23:59 CET**.

## ORAL PRESENTATIONS

Abstracts accepted as Free Papers are presented orally within scientific sessions embedded in the core Congress programme. Very high scientific quality is expected from these presentations, which should correspond to complete studies with outstanding results and innovative conclusions. To ensure that sessions run smoothly, please refer to the Presentation Guidelines available online. The best-rated Free Papers under both Orthopaedics and Trauma main categories will be selected to compete in the Free Paper Award competition and will receive specific guidelines.

## POSTER PRESENTATIONS

All abstracts accepted as Posters will be presented at the Congress as print wall paper posters. Authors are welcome to add images, tables and detailed data to better document their work. A large display area will be dedicated to poster presentations and Poster Walks will be organised during the Congress to have posters evaluated by experts in the corresponding fields. To ensure that posters are under the correct format for display, refer to the Poster Guidelines available online. Best-rated Posters will compete for the Jacques Duparc Award and will receive specific guidelines.



# The Congress at a glance

## Important dates to remember

### CONGRESS DEADLINES

|  |                                   |
|--|-----------------------------------|
| Abstract submission opens                          | 15 September 2023                 |
| Abstract submission closes                         | 15 November 2023 <b>23:59 CET</b> |
| Email communications of abstract acceptance status | 31 January 2024                   |
| Deadline registration presenting authors           | 29 February 2024                  |
| Advanced scientific programme available online     | 01 April 2024                     |

### PRELIMINARY CONGRESS SCHEDULE

| 21 May<br>Tuesday             | 22 May<br>Wednesday      | 23 May<br>Thursday       | 24 May<br>Friday         |                                       |                                       |                                       |
|-------------------------------|--------------------------|--------------------------|--------------------------|---------------------------------------|---------------------------------------|---------------------------------------|
| 14.00 - 18.00<br>Registration | Exhibition 09.00 - 17.30 | Exhibition 09.00 - 17.30 | Exhibition 09.00 - 17.00 |                                       |                                       |                                       |
|                               |                          |                          |                          | Morning sessions I<br>09.00-10.00     | Morning sessions I<br>09.00-10.00     | Morning sessions I<br>09.00-10.00     |
|                               |                          |                          |                          | Industry Break                        | Industry Break                        | Industry Break                        |
|                               |                          |                          |                          | Morning sessions II<br>10.30-11.30    | Morning sessions II<br>10.30-11.30    | Morning sessions II<br>10.30-11.30    |
|                               |                          |                          |                          | Opening Ceremony                      | Honorary Lecture<br>12.15 - 12.45     | Honorary Lecture<br>12.15 - 12.45     |
|                               |                          |                          |                          | Industry Symposia<br>13.00 - 14.30    | Industry Symposia<br>13.00 - 14.30    | Industry Symposia<br>13.00 - 14.30    |
|                               |                          |                          |                          | Afternoon sessions I<br>14.45-15.45   | Afternoon sessions I<br>14.45-15.45   | Afternoon sessions I<br>14.45-15.45   |
|                               |                          |                          |                          | Industry Break                        | Industry Break                        | Industry Break                        |
|                               |                          |                          |                          | Afternoon sessions II<br>16.15-17.15  | Afternoon sessions II<br>16.15-17.15  | Afternoon sessions II<br>16.15-17.15  |
|                               |                          |                          |                          | Afternoon sessions III<br>17.30-18.30 | Afternoon sessions III<br>17.30-18.30 | Afternoon sessions III<br>17.30-18.30 |

### THE EXPERTS CONTRIBUTION

EFORT aims to provide worthy scientific guidance via the presentation of well-established medical techniques, but also to highlight new evidence in emerging fields. Renowned experts will discuss their procedures, the rationale for their decisions, their successes and failures. At the Congress, an important source of international knowledge and experience in the prevention and treatment of diseases and injuries of the musculoskeletal system will be within your reach. The EFORT scientific sessions are training programs with high scientific value. Authors invited to contribute to the scientific content of the Congress by presenting their work orally should adhere to the same standards, as their contributions are an essential part of the core programme.

As EFORT is the biggest European platform to share orthopaedic and trauma knowledge, an active participation in our upcoming 2024 Congress is the best opportunity to identify new data related to any specialty, gather useful tips and tricks to enhance daily medical achievements and expand the professional network.



### SESSIONS

- Complex Case Discussions
- Debate Fora
- Honorary Lectures
- Interactive Expert Exchange Sessions
- Instructional Lectures
- Symposia
- Free Paper Sessions
- Wall Poster Sessions/Poster Walks
- Clinical Report Sessions
- Best National Paper Initiative

### FEATURED PROGRAMMES

- Advanced Concepts in Total Hip & Total Knee Replacement
- Comprehensive Review Course
- NORE Session
- Publishing Session
- Mass Casualty Incidents Symposium
- Invited Nation Symposium
- Trauma Group Symposium
- Basic Research Group Symposium
- Implant and Patient Safety Initiative
- EFORT Foundation Symposium
- FORTE Session

### HIGHLIGHTS

- Interdisciplinary Research
- Clinical Outcomes Measurement And Monitoring
- Healthcare Innovation And Technology Adoption
- Now And The Future Of Joint Arthroplasty
- Musculoskeletal Infections
- Advancements In Surgical Techniques For Orthopaedic Trauma Management
- Best Practices For Involving Industry User Groups
- Ensuring The Safe Adoption And Regulation Of Robotics And AI In Healthcare
- Patient Engagement Et Shared Decision-Making
- Regulatory Science



## LIVABLE METROPOLIS ON THE WATER

Hamburg is the second largest city in Germany and the largest city in Europe that is not a capital city. Located in the north of Germany, Hamburg is a city defined by water. Of course, as a Hanseatic city, Hamburg is characterised by the port and trade; the river Elbe is the city's lifeline.

And water is also predominant in the normal cityscape. Numerous canals and waterways criss-cross Hamburg, creating an image that exudes a certain Hanseatic calm. In Hamburg, everything is in motion, everything is in flux.

In the immediate vicinity of Hamburg, you will find both the North Sea and the Baltic Sea within short distance. All the components that make up northern Germany can be found here: vast landscapes, wind and water. Also nearby is the capital Berlin, which can be reached by train in under two hours.

### ■ Visionary by tradition

Cosmopolitan and vibrant, yet smart and eco-minded, Hamburg offers visitors a unique experience. Germany's second largest city has long served Northern Europe as gateway to the world. Today it is at the height of its transformation into an exciting metropolis where modern life is merged with century-long tradition.

Thanks to its rich Hanseatic legacy Hamburg has the business vibe as well as the infrastructure to empower innovation in technology and urban development. Like a kaleidoscope, the city unfolds its many charms across a colourful spectrum of classic culture, contemporary art, dazzling entertainment, food for every taste and fashion from luxury to independent labels. Rising above the waves of the Elbe river, at the crossroads between UNESCO World Heritage Site Speicherstadt and the newly built Hafencity, the Elbphilharmonie has become symbolic of Hamburg's forward-looking spirit.

### ■ Metropolis of culture

Culture from Hamburg hits the right notes – and they ring out far and wide. The North German city has a longstanding reputation as a leading centre for dance, music and theatre, with only New York and London beating it to the position of the world's most successful city of musical theatre. It is not just the city's many thrilling musical productions that are making waves, the Hamburg State Opera, Laeiszhalle, Thalia Theatre and Deutsches Schauspielhaus theatre also offer outstanding cultural experiences. Hamburg is pioneering new musical paths.

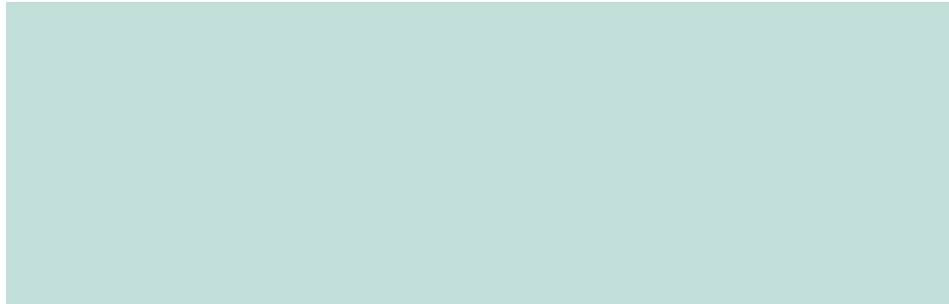
Visible evidence comes in the form of the concert hall Elbphilharmonie – a cultural landmark for the city and a beacon for the world. Architecturally and acoustically brilliant, the venue will host top international performers from the worlds of classical, jazz, pop and world music. In addition to these world-class offerings for the ear, the treasures and exhibitions of the Metropolitan Region's over 300 museums have plenty to delight and fascinate the eye.

### ■ Maritime beauty

What distinguishes Hamburg from other waterfront cities is a lacework of waterways that shape most of its metropolitan area. Ships and bridges set the scene, starting from the harbour along numerous rivers and canals some of which flow into the two Alster lakes, presenting scenic views to be enjoyed anytime day or night.







## HOW TO GET TO HAMBURG

Hamburg Airport serves a wide range of worldwide destinations and receives 37,000 passengers daily. Located within the city limits, it offers a train connection of only 20 minutes to Hamburg city centre. The journey by car is almost as fast, even during rush hour.

### ■ By car

Hamburg is woven into a dense network of long-distance roads. As Germany's longest motorway, the A7 forms the north-south axis, the A1 runs from the Baltic Sea to Saarland, while Hamburg is connected to Berlin via the A24 and to Schleswig-Holstein via the A23.

### ■ By Train – CAT

The connections to Hamburg are also excellent for rail travellers from Germany and Europe. The central hub is the main station, which opened in 1906. The ICE train station Dammtor is only a few steps away from the CCH – Congress Center Hamburg.

### ■ Other

Apart from a lot of walkable urban space the city has a tight network of subway lines, trains and buses as well as several ferry services. Those who prefer individual transport can always rent a city bike and enjoy Hamburg's splendour on two wheels.

## VENUE

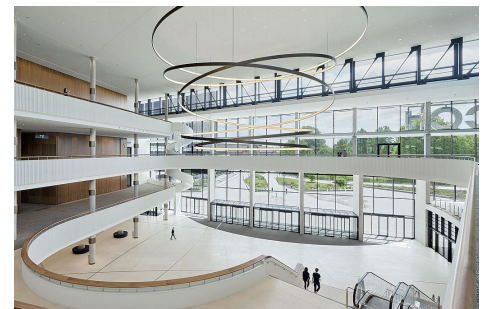
### CCH – Congress Center Hamburg

Congressplatz 1

20355 Hamburg

Germany

Tel. +49 40 3569-0 | [www.cch.de](http://www.cch.de)

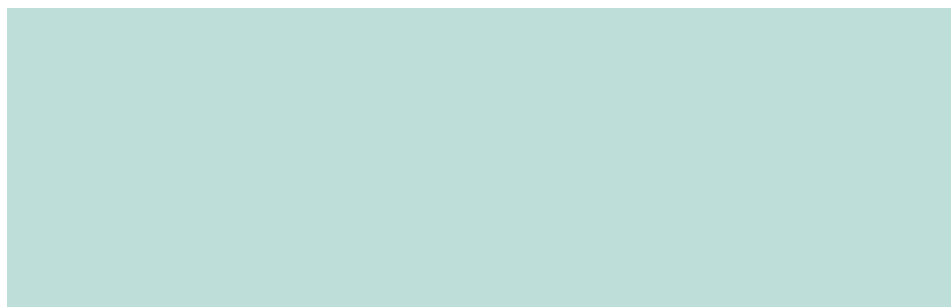


## HOW TO REACH THE CONGRESS CENTER

The CCH – Congress Center Hamburg is conveniently located in the city center. The Dammtor mainline train station and several other stations and stops of the public transportation system are within a distance of 100 to 500 meters.

The Dammtor mainline and commuter train station is right on its doorstep. From the subway stations Stephansplatz (Oper / CCH) and Gänsemarkt, a short walk through the center and Planten un Blomen park will take you to the CCH.

- If you are traveling to the CCH – Congress Center Hamburg by car or motorcycle from outside Hamburg, we advise you to take the speedways, then simply follow the "Messe / CCH" signs.
- If you are traveling by plane: The commuter train system ("S" train system) will take you to the CCH – Congress Center Hamburg quickly in an eco-friendly way. The commuter train departs directly from the airport and takes half an hour to arrive at the CCH. You may also take a taxi or use MOIA, the new ridesharing service for Hamburg. The trip by car takes only 20 minutes unless the traffic is congested.



**For HOTEL and GROUP BOOKINGS,**  
please contact the official accommodation partner:  
Congrex Switzerland Ltd.  
Reinacherstrasse 131  
4053 Basel  
Switzerland

Phone: +41 (0)61 686 77 94  
Fax: +41 (0)61 686 77 88  
Email: [hotel.efort@congrex.com](mailto:hotel.efort@congrex.com)



**WARNING:** There is an increasing number of fraudulent websites impersonating the 25<sup>th</sup> EFORT Congress.

We would like to warn all participants to be aware of possible scams and strongly advise that you only use the official accommodation partner, Congrex Switzerland, when making reservations.

## HOTEL ACCOMMODATION

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Congrex Switzerland is the official congress partner for hotel accommodation and is the only agency offering accommodation on behalf of the 25<sup>th</sup> EFORT Congress. Hotels occasionally publish online or last-minute promotion rates for a limited number of rooms which may vary from the prices contracted for this congress.

As the official EFORT 2024 partner, Congrex Switzerland offers highly dedicated customer service and professional support for all your accommodation needs. We can offer you great deals in a wide range of hotels in the vicinity of the congress venue and all over the city of Hamburg. Early booking is highly recommended as rooms typically sell fast in prime locations and hotels have limited capacities.

## HOW TO BOOK YOUR ACCOMMODATION

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In order to make a hotel reservation, please:

- Access the congress website: [www.efort.org/hamburg2024](http://www.efort.org/hamburg2024).
- Access the registration platform and choose your hotel accommodation.

## INDIVIDUAL RESERVATIONS

Participants can book their hotel room online and payment by credit card (Visa, Mastercard or American Express) is mandatory.

## GROUP RESERVATIONS

Group bookings cannot be made online as different terms and conditions apply. For further information, up-to-date availability and reservation, please contact us at [hotel.efort@congrex.com](mailto:hotel.efort@congrex.com).

## PAYMENT POLICY

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For online reservations full credit card payment is required. After a successful reservation, you will receive a written confirmation by e-mail. When checking out, all extras (mini-bar, telephone charges, room service, etc.) must be settled with the hotel directly.

## TERMS & CONDITIONS

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### • Cancellations

For cancellations made **before 15 March 2024**, a handling fee of EUR 60 applies. Cancellations received **after 15 March 2024** will be charged in full. Cancellations of individual nights (i.e. date changes) are also considered as cancellations and will be charged as such. Requests for refunds may be considered after the conference if the room has been resold (either by Congrex or the hotel).

### • Name Changes

Changes can be made via Congrex Switzerland at [hotel.efort@congrex.com](mailto:hotel.efort@congrex.com) and are subject to a handling fee of EUR 30.





 #EFORT2024

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